GLOBAL GENS WEEK © 2023 20 Ways Girls Can "Act, Love, Walk"

- Write positive messages on cards and deliver them in your community to neighbors, teachers, church staff, or strangers at the grocery store.
- Host a lemonade/baked goods stand and don't charge for either. Just hand out the treats and tell them about Global GEMS Day and what it means to you.
- Arrange to help those from your church or community with yard work, house cleaning, or other tangible projects.
- Head to the local park, parade, or sporting event and hand out free popsicles. Write fun messages on the wrappers before you give them away.
- 5. Write fun and encouraging messages on Post-It notes and stick them around town.
- 6. With sidewalk chalk, decorate the sidewalks around each girls' home (or a family member's home.) Write encouraging messages to each person who lives there! If time and supplies allow, spread out into the community, and write encouraging notes to others.
- 7. Go the extra mile by doing an extra chore or two at home during the week. See if you can do something extra each day of Global GEMS Week.
- 8. Write down prayers for each family member and mail them to their home address.
- 9. Grab some succulents or small plants, plant them in decorated pots, and deliver them to elderly people in your church or at a local senior living facility.
- Host a BINGO game night at your church or in a local nursing home or retirement home. Encourage conversation between generations as you play.
- **11.** Have your GEMS Club create paper boxes and fill them with candies, confetti, and encouraging notes. Deliver them together to a local nursing home or to the elderly in your church community.

- 12. Gather a list of local members of the military, and write them encouraging letters and/or send care packages to them.
- Say "hi" to everyone you see throughout the day or find someone at school who could use a smile or kind greeting. Sit with someone who often sits alone.
- 14. Go to your local park, green space, sports facility, or community center and do some light cleaning. Push the carts back to the corral at a local grocery store or volunteer at a community thrift store to organize and hang up fallen clothes.
- **15.** Create thank-you cards for the firefighters, police officers, paramedics, dispatch workers, and other first responders in your community. Pray for them as you deliver cards to their workplace.
- **16.** Host a free car wash for anyone in the community, or accept donations and use it as a fundraiser for a cause or need in your community that your GEMS girls decide on together.
- 17. Take a pine cone, cover it in peanut butter, and roll it in birdseed. Hang them in community spaces to brighten them up with an increase in beautiful birds!
- 18. Have each girl bring a coloring book, and while coloring the first page, pray for children in your local hospital. Write an encouraging note and then donate the books and crayons to the hospital for kids to continue coloring in.
- 19. Build a paper chain of truth-filled prayers and deliver them to sick or hospitalized friends as an encouragement.
- 20. Have a baking day and donate the treats to your church for a Sunday morning service. Or if you are able, have your girls serve the baked goods after church, saying "You are loved!" to each person they serve.

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