Friend, if it feels like your world has been whipped upside down and then dropped—shattered into a million pieces, use these Scripture cards to keep a firm grip on God's promises (Hebrews 10:23). You are not alone and so loved.

GOD LOVES ME.

See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!

1 John 3:1

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GODIS WITH ME.

Be strong and courageous.
Do not be afraid or terrified
because of them, for the Lord
your God goes with you; he will
never leave you nor forsake you.

Deuteronomy 31:6

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GOD WILL STRENGTHEN ME.

I can do all things through him who gives me strength.

Philippians 4:13

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But as for me, it is good to be near God. I have made the Sovereign Lord my refuge; I will tell of all your deeds.

Psalm 73:28

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God gives me His peace.

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

John 14:27

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For more encouragement for you and the girl in your life, visit us at gemsgc.org



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GEMS is the go-to ministry for girls' spiritual growth providing real answers to the challenges girls face today.