

Scripture Saturation Guide

12 chapters, 12 months, a journey of God's love

*Your word is a lamp for my feet, a light on my path
(Psalm 119:105).*

If your Scripture reading has been more skimming than saturation, here is a way to slow down and absorb all God wants to show you about Himself and who you are to Him—so very LOVED.

- 1. Always start with prayer.** Ask God to shine a light on His story! As you think about God's Word being a light, don't think flashlight. Think oil lamp. We need the oil of the Holy Spirit who inspired Scripture to help us see and understand.
- 2. Aim your focus on one chapter per month.** Read the same chapter each day. Read until something lifts off the page, then stop. What is God showing you about Himself, Jesus, or your part in His story? Read the verse again. Meditate on it. Journal it.
- 3. Approach this time with ears wide open.** Expect God to speak to you. As you saturate yourself in the passage it will become a part of you. It may return to your thoughts as you go about your day, and God will use it as a light on your path.

Remember this is not about a method, but a relationship. **The goal isn't how much you read, but meeting Jesus in every read.**

Not sure what to read? We've put together some monthly chapter options that focus on God's love, reminding you that you are LOVED. Period. Where the world places a question mark, God places a period. Discover how very LOVED. you are this year!

January

1 John 3

February

1 Corinthians 13

March

Isaiah 55

April

John 15

May

Ephesians 2

June

Psalms 86

July

Romans 8

August

2 Chronicles 6

September

Philippians 2

October

1 John 4

November

Psalms 136

December

Luke 2

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Month: _____ Chapter Focus: _____

What God showed me today (in one sentence).

- Day 1 _____
- Day 2 _____
- Day 3 _____
- Day 4 _____
- Day 5 _____
- Day 6 _____
- Day 7 _____
- Day 8 _____
- Day 9 _____
- Day 10 _____
- Day 11 _____
- Day 12 _____
- Day 13 _____
- Day 14 _____
- Day 15 _____
- Day 16 _____
- Day 17 _____
- Day 18 _____
- Day 19 _____
- Day 20 _____
- Day 21 _____
- Day 22 _____
- Day 23 _____
- Day 24 _____
- Day 25 _____
- Day 26 _____
- Day 27 _____
- Day 28 _____
- Day 29 _____
- Day 30 _____
- Day 31 _____