

# JOIN THE KINDNESS CHALLENGE!

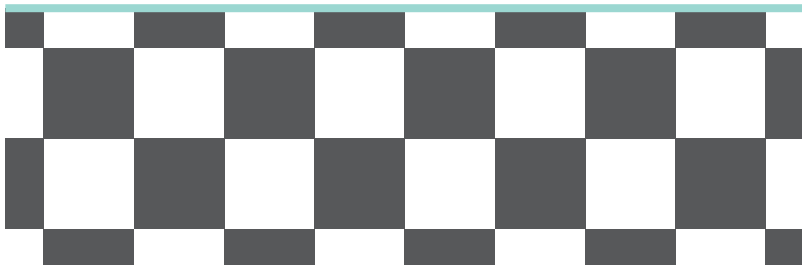
At GEMS Girls' Clubs we believe that kindness matters. We are girls on mission to sprinkle kindness wherever we go.

You can join us!

1. **Choose** a tab.
2. **Complete** the kindness commitment.
3. **Change the world!** Take a picture and tag #GEMSkindnesschallenge to show where you sprinkled kindness!

*Be kind and compassionate to one another.*  
Ephesians 4:32

#GEMSkindnesschallenge



**I will...**

Let someone cut in front of me in line.

.....

**I will...**

.....

**I will...**

Say a prayer for someone instead of using unkind words.

.....

**I will...**

.....

**I will...**

Speak up for someone who needs help.

.....

**I will...**

.....

**I will...**

Smile at the next person I see!

.....

**I will...**

.....

**I will...**

Be a good listener.

.....

**I will...**

.....

**I will...**

Make a "You are LOVED." sign and post it in my neighbor's yard.